



## fitness sandbag

\* Multiple Training Methods: A must to have daily fitness weights sandbag, nylon ribbons to meet a variety of training methods -lifting exercise, shoulder exercise, hand exercise. It is the best tool for the training of your whole body as you engage in deadlifts, presses, carries, lunges, throws, squats in this sandbag. \*

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methods - lifting exercise, shoulder exercise, hand exercise. It is the best tool for the training of your whole body as you engage in deadlifts, presses, carries, lunges, throws, squats in this sandbag. \* ☆ No Sand Leakage: The training sandbag has a built-in filler bag with an additional zipper and hook-and-loop closure to ensure filler material stays fully contained as you work through your regimen, no dirty clothes.fitness sandbag

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- 1.Heavy duty fitness sandbag --Made of high quality Nylon material
- 2.Sandbag is available 4 sizes --with max fill capacities of 100LBS,150LB, 200LB, 250LB.
- 3.Each Sandbag has a built-in filler bag with an additional zipper and hook-and-loop closure—ensuring filler material stays fully contained as you work through your regimen.
- 4.Sandbags can be emptied and then re-filled at another gym, field, park, etc., they function as uniquely portable training tools for athletes of any experience level.
- 5.Customize Logo is available , MOQ : 100pcs per color .

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